



Centering Tools™ Workshops Small Group Intensive 12/14 10-3

Rise Up! Raising Vibrational Frequency for Greater Alignment, Support, Creation, Healing, Protection and Empowerment

Our times are ... unstable, precarious ... challenging ... understandably scary – and offer new opportunities to *RISE UP – ENERGETICALLY.*

That which we call “essence” endlessly presents as shifting patterns of flowing energy which exactly sorts itself out along corresponding vibrational frequencies throughout realities . . . and to which we all fundamentally respond as we experience.

In this small group intensive, you will:

- Experience yourself and presenting multidimensional environments as emotional, mental, physical, spiritual energetic patterns infinitely sorting themselves out along particular corresponding vibrational frequencies
- Learn and explore the foundations of how to read and shift from lower (denser, conflict-ridden, dysfunctional) to higher (more expansive, creative, spiritually available) vibrational frequencies
- Be present as an energetic transmitter for healing, empowerment, transformation to support – and activate – the greater good.

Cost and How to Register

Date/Time: Sat. Dec 14, 2024 from 10:00am – 3:00pm

Cost: \$115.00 includes all materials/handouts, drinks (you’ll have time to do lunch on your own) and my original channeled guided meditation audio).

Register: Call/text (585) 210-9827 or email marjorie@centeringtools.com for questions, to register, and directions to Centering Tools Rochester, NY workshop location.

Much love and light in our breakthrough, rebirthing times, *Marjorie*